

**8.0 SOCIAL WORK THEORIES AND PRACTICE (110 HOURS)**

**8.1.01 INTRODUCTION**

This module unit is designed to equip the trainee with knowledge, skills and attitudes that will enable him/her to apply appropriate social work methods in social development.

**8.1.02 GENERAL OBJECTIVES**

By the end of this module unit, the trainee should be able to:

- a) appreciate the importance of ethics in social work
- b) understand the historical development of social work
- c) understand the importance of management programmes in society
- d) understand emerging trends in social work
- e) appreciate the role of a social worker in society.

## SUMMARY OF MODULE UNIT TOPICS AND TIME ALLOCATION

CODE	TOPICS	SUB-TOPICS	HOURS
8.1.1	INTRODUCTION TO SOCIAL WORK	<ul style="list-style-type: none"> <li>• Meaning of social work</li> <li>• Areas of social work practice</li> <li>• Role of social worker in the identified areas</li> <li>• Historical background of social work</li> <li>• Scope of social work</li> <li>• Importance of social work in the society</li> <li>• Factors contributing to the need for social work in developing countries</li> </ul>	20
8.1.2	THEORIES APPLICABLE IN SOCIAL WORK	<ul style="list-style-type: none"> <li>• Theories applicable in social work</li> <li>• Importance of social work theories</li> <li>• Application of applicable theories in relevant situations</li> </ul>	15
8.1.3	SOCIAL WORK SKILLS	<ul style="list-style-type: none"> <li>• Characteristics of a social work profession</li> <li>• Skills and competencies required by a social worker</li> <li>• Challenges in Social work</li> </ul>	10
8.1.4	SOCIAL WORK ETHICS AND VALUES	<ul style="list-style-type: none"> <li>• Social work ethics and values</li> <li>• Importance of ethics and values in social work</li> <li>• Impact of ethics and values on social work</li> <li>• Ethical responsibilities of social workers</li> <li>• Basic principles of social work</li> </ul>	15
8.1.5	SOCIAL WORK PROCESS	<ul style="list-style-type: none"> <li>• Social work process</li> <li>• Importance of social work process</li> <li>• Stages of social work process</li> </ul>	15
8.1.6	METHODS OF SOCIAL WORK	<ul style="list-style-type: none"> <li>• Methods of social work</li> <li>• Factors to consider in each method</li> <li>• Importance of each method</li> <li>• Impact of each method on social work</li> <li>• Advantages and disadvantages of each method</li> </ul>	15
8.1.7	MANAGEMENT OF SOCIAL SERVICES	<ul style="list-style-type: none"> <li>• Social services</li> <li>• Importance of managing social services</li> <li>• Methods of managing social services</li> </ul>	15

		<ul style="list-style-type: none"> <li>Challenges in managing social service</li> </ul>	
8.1.8	EMERGING TRENDS IN SOCIAL WORK	<ul style="list-style-type: none"> <li>Emerging trends in social work</li> </ul>	5
<b>TOTAL</b>			<b>110</b>

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### 3.1.1

## INTRODUCTION TO SOCIAL WORK

### Specific Objectives

By the end of this topic, the trainee should be able to:

- a) explain the meaning of social work
- b) discuss the areas of social work practice
- c) discuss the role of social worker in the identified areas
- d) describe the historical background of social work
- e) discuss the scope of social work
- f) discuss the importance of social work in society
- g) discuss the factors that contribute to the need for social work in developing countries

#### 8.1.1.1

Meaning of social work

- Meaning
- Mission
- Purpose

#### 8.1.1.2

Areas of social work practice

#### 8.1.1.3

Role of social worker in the identified areas

#### 8.1.1.4

Historical background of social work

- Evolution of social work in developed countries
- Evolution of social work in Kenya

#### 8.1.1.5

Scope of social work

#### 8.1.1.6

Importance of social work in society

#### 8.1.1.7

Factors that contribute to the need for social work in developing countries

### 8.1.2

## THEORIES APPLICABLE IN SOCIAL WORK

### Specific Objectives

By the end of this topic, the trainee should be able to:

- a) discuss theories applicable in social work
- b) discuss importance of social work theories
- c) apply the theories of social work in relevant situations.

8.1.2.1 Theories applicable in social work

- Psychoanalytic theory
- Social learning theory
- Social systems theory
- Conflict theory
- Humanistic existential theory
- Functionalist theory

8.1.2.2 Importance of applicable theories in social work

8.1.2.3 Application of theories in relevant situations

- Identification of situation
- Factors in determining the relevant theory

### 8.1.3 **SOCIAL WORK SKILLS**

#### 8.1.3.0 **Specific Objectives**

By the end of this topic, the trainee should be able to:

- a) discuss the characteristics of a social work profession
- b) discuss the skills and competences required by a social worker
- c) discuss the social work problems

8.1.3.1.1 Characteristics of a social work profession

8.1.3.1.2 Skills and competences required by a social worker

8.1.3.1.3 Challenges in social work

- Needs
- Problems
- Resources

### 8.1.4. **SOCIAL WORK ETHICS AND VALUES**

#### **Specific Objectives**

By the end of this topic, the trainee should be able to:

- a) discuss social work ethics and values
- b) discuss the importance of ethics and values in social work

- c) discuss the impact of ethics and values on social work.
- d) discuss ethical responsibilities of social workers
- e) discuss the basic principles of social work

- 8.1.4.1 Social work ethics and values
- 8.1.4.2 Importance of ethics in social work and values
- 8.1.4.3 Impact of ethics and values on social work
- 8.1.4.4 Ethical responsibilities of social workers

- clients
- colleagues
- professionals
- social work professionals
- broader society

- 8.1.4.5 Basic principles of social work

## 8.1.5 SOCIAL WORK PROCESS

### Specific Objectives

By the end of this topic, the trainees should be able to:

- a) describe social work process
- b) describe the stages in social work process
- c) discuss the importance of social work process

- 8.1.5.1 Social work process
- 8.1.5.2 Stages in social work process
- 8.1.5.3 Importance of social work process

## 8.1.6 METHODS OF SOCIAL WORK IN DEVELOPMENT

### Specific Objectives

By the end of this topic, the trainees should be able to:

- a) discuss various methods used in social development activities
- b) discuss factors to consider for each method
- c) discuss the importance of each method
- d) discuss the impact of each method on social work.

e) Discuss the advantages and disadvantages of each method

8.1.6.1 Methods used in social development activities

- Case work
- Group work
- Community work
- Social action

8.1.6.2 Factors to consider for each method

- Special groups of people
- Factors
- Challenges

8.1.6.3 Importance of each method

8.1.6.4 Impact of each method on social work

8.1.5.5 Advantages and disadvantages of each method

8.1.7 **MANAGEMENT OF SOCIAL SERVICES**

**Specific Objectives**

By the end of this topic, the trainee should be able to:

- a) explain the meaning of social services
- b) discuss the importance of managing social services
- c) discuss methods of managing social services
- d) discuss challenges of managing social services

8.1.8.8 Social services

- Types
- Management

8.1.7.2 Importance of managing social services

8.1.7.3 Methods of managing social services

- Indigenous
- Modern

8.1.7.4 Challenges in managing social services

- Special groups

- Challenges
- Management

#### 8.1.7.8 EMERGING TRENDS IN SOCIAL WORK

Specific Objectives

By the end of this topic, the trainee should be able to:

- a) discuss emerging trends in social work.

##### 8.1.7.8.1 Emerging trends in social work

- Community based development
- Empowerment as a basis for social development

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